

# Schweizer Rekorde und Bestleistungen

# Records suisses et meilleures performances

# Outdoor



Schweizerischer  
Leichtathletik-Verband

Fédération Suisse  
d'Athlétisme

Federazione Svizzera  
di Atletica Leggera

[Homologation noch ausstehend](#)

Neue homologierte Rekorde / Bestleistungen pro laufendes Jahr

[Homologations incomplètes](#)

Nouveaux records homologués / Meilleures performances pour l'année en cours

Stand: 13.10.2022

## MÄNNER / HOMMES

### Rekorde / records

|  |                |   |             |                    |   |                   |
|--|----------------|---|-------------|--------------------|---|-------------------|
| 100m                                       | 10.08          | Wilson Alex   | 1990        | LAS Old Boys Basel | La Chaux-de-Fonds   | 30.06.2019        |
| 200m                                       | 19.98          | Wilson Alex   | 1990        | LAS Old Boys Basel | La Chaux-de-Fonds   | 30.06.2019        |
| 400m                                       | 44.99          | Rusterholz Mathias  | 1971        | TV Herisau         | Lausanne / Pontaise   | 03.07.1996        |
| 800m                                       | 1:42.55        | Bucher André  | 1976        | STV Beromünster    | Zürich / Letzigrund   | 17.08.2001        |
| 1000m                                      | 2:15.63        | Bucher André  | 1976        | STV Beromünster    | Langenthal  | 24.05.2001        |
| 1500m                                      | 3:31.75        | Délèze Pierre   | 1958        | LC Zürich          | Zürich / Letzigrund   | 21.08.1985        |
| 1 Meile / mile                             | 3:50.38        | Délèze Pierre   | 1958        | CA Sion            | Koblenz GER   | 25.08.1982        |
| 2000m                                      | 4:54.46        | Délèze Pierre   | 1958        | LC Zürich          | Lausanne / Pontaise   | 15.09.1987        |
| 3000m                                      | 7:41.05        | Ryffel Markus   | 1955        | ST Bern            | Lausanne / Pontaise   | 18.07.1979        |
| 5000m                                      | 13:07.54       | Ryffel Markus   | 1955        | ST Bern            | Los Angeles USA   | 11.08.1984        |
| 10'000m                                    | 27:17.29       | Wanders Julien  | 1996        | Stade Genève       | Hengelo NED   | 17.07.2019        |
| 110mH                                      | 13.12          | Joseph Jason  | 1998        | LC Therwil         | La Chaux-de-Fonds   | 14.08.2021        |
| 400mH <sup>91.4</sup>                      | 48.13          | Schelbert Marcel  | 1976        | LC Zürich          | Sevilla ESP   | 28.08.1999        |
| 3000m Steeple                              | 8:22.24        | Belz Christian  | 1974        | ST Bern            | Hengelo NED   | 04.06.2001        |
| Hoch / hauteur                             | 2.33           | Gasch Loïc  | 1994        | US Yverdon         | Lausanne  | 08.05.2021        |
| Stab / perche                              | 5.71           | Böhni Felix   | 1958        | LC Zürich          | Bern / Neufeld  | 11.06.1983        |
|  | 5.71           | Alberto Dominik   | 1992        | LC Zürich          | Landau GER  | 10.07.2021        |
| Weit / longueur                            | <b>8.45</b>    | <b>Ehammer Simon</b>  | <b>2000</b> | <b>Teufen</b>      | <b>Götzis AUT</b>   | <b>28.05.2022</b> |
| Drei / triple saut                         | 17.13          | Martínez Aimes Alexander  | 1977        | LC Zürich          | Göteborg SWE  | 10.08.2006        |
|  | 17.13          | Martínez Aimes Alexander  | 1977        | LC Zürich          | La Chaux-de-Fonds   | 12.08.2007        |
| Kugel / poids <sup>7.26</sup>              | 22.75          | Günthör Werner  | 1961        | ST Bern            | Bern / Neufeld  | 23.08.1988        |
| Diskus / disque <sup>2.0</sup>             | 64.04          | Erb Christian   | 1959        | LV Winterthur      | Norden GER  | 18.09.1988        |
| Hammer / marteau <sup>7.26</sup>           | 80.51          | Suter Patric  | 1977        | Hochwacht Zug      | Löffingen GER   | 17.09.2003        |
| Speer / javelot <sup>800</sup>             | 82.07          | Müller Stefan   | 1979        | LV Winterthur      | Bern / Wankdorf   | 16.09.2006        |
| Zehnkampf /<br>décathlon <sup>WA</sup>     | <b>8468</b>    | <b>Ehammer Simon</b>  | <b>2000</b> | <b>TV Teufen</b>   | <b>München GER</b>  | <b>16.08.2022</b> |
|  | <b>8377</b>    | <b>Ehammer Simon</b>  | <b>2000</b> | <b>TV Teufen</b>   | <b>Götzis AUT</b>   | <b>29.05.2022</b> |
|  |                |   |             |                    | <b>10.56 / 8.31 / 14.24 / 2.08 / 47.70 / 13.75 / 34.92 / 5.20 / 53.46 / 4:48.72</b> |                   |
|  |                |   |             |                    | <b>10.46 / 8.45 / 14.42 / 2.03 / 48.44 / 13.75 / 36.98 / 5.10 / 55.98 / 5:08.51</b> |                   |
| <b>Staffeln / relais</b>                   |                |   |             |                    |   |                   |
| 4x100m                                     | <b>38.36</b>   | <b>Swiss Athletics</b>  |             |                    | <b>München GER</b>  | <b>21.08.2022</b> |
|  |                | <b>Mancini Pascal - Lestrade Bradley - Svensson Felix - Reais William</b>   |             |                    |   |                   |
|  | 38.54          | Swiss Athletics   |             |                    | Zürich / Letzigrund   | 16.08.2014        |
|  |                | Mancini Pascal - Amaru Schenkel Reto - Somasundaram Suganthan - Wilson Alex |             |                    |   |                   |
| 4x200m                                     | 1:24.37        | Swiss Athletics   |             |                    | Bahamas BAH   | 03.05.2015        |
|  |                | Gugerli Steven - Mancini Pascal - Schenkel Amaru - Somasundaram Suganthan   |             |                    |   |                   |
| 4x400m                                     | 3:02.46        | Swiss Athletics   |             |                    | Sevilla ESP   | 28.08.1999        |
|  |                | Clerc Laurent - Rusterholz Mathias - Rohr Alain - Schelbert Marcel          |             |                    |   |                   |
| Américaine                                 | 6:22.50        | Zürich Athletics  |             |                    | Zürich / Letzigrund   | 28.08.2009        |
|  |                | Baumgartner Daniel - Zwahlen Mirco - Niederberger Christian                 |             |                    |   |                   |
| <b>Vereinsstaffeln / relais de société</b> |                |   |             |                    |   |                   |
| 4x100m                                     | 39.32          | LC Zürich   |             |                    | Lausanne  | 23.05.1993        |
|  |                | Burkart Stefan - Reimann Alain - Semeraro Domenico - Dollé David            |             |                    |   |                   |
| 4x200m                                     | 1:24.4         | TV Unterstrass ZH   |             |                    | Zürich  | 13.08.1975        |
|  |                | Ziegler Hansjörg - Schweingruber Beat - Curti Gerold - Jost Jules           |             |                    |   |                   |
| 4x400m                                     | 3:07.93        | LC Zürich   |             |                    | Basel   | 12.09.1999        |
|  |                | Dubois Daniel - Melliger Adrian - Rusterholz Mathias - Schelbert Marcel     |             |                    |   |                   |
| 3x1000m                                    | 7:13.32        | LC Regensdorf   |             |                    | Regensdorf  | 17.08.2004        |
|  |                | Meier Gian Marco - Marshall Philip - Zwahlen Mirco                          |             |                    |   |                   |
| Olympische Staffel /<br>relais olympique   | 3:08.33        | LC Zürich   |             |                    | Hochdorf  | 12.09.2021        |
|  |                | Elmer Tom - Brand Dany - Billeter Yann - Müller Sandro                      |             |                    |   |                   |
| Américaine                                 | 6:24.33        | LAC TV Unterstrass  |             |                    | Winterthur  | 19.05.1985        |
|  |                | Schneider Beat - Wäckerlin Adrian - Wschiansky Sébastien                    |             |                    |   |                   |
| <b>Strassenläufe / courses hors stade</b>  |                |   |             |                    |   |                   |
| 5km  | 13:29          | Wanders Julien  | 1996        | Stade Genève       | Monaco MCO  | 17.02.2019        |
| 10km                                       | 27:13          | Wanders Julien  | 1996        | Stade Genève       | Valencia ESP  | 12.01.2020        |
| Halbmarathon                               | 59:13          | Wanders Julien  | 1996        | Stade Genève       | Ras al Khaimah UAE  | 08.02.2019        |
| Marathon                                   | <b>2:06.38</b> | <b>Abraham Tadesse</b>  | <b>1982</b> | <b>LC Uster</b>    | <b>Zürich</b>   | <b>10.04.2022</b> |
| 100km                                      | 6:27:24        | Rupp Peter  | 1946        | SSC Langnau        | Genève  | 03.11.1985        |
| <b>Bahngehen / marche sur piste</b>        |                |   |             |                    |   |                   |
| 20'000m                                    | 1:26:11.5      | Bertoldi Aldo   | 1961        | CM Yverdon         | Yverdon-les-Bains   | 20.07.1991        |
| 30'000m                                    | 2:17:24.9      | Charrière Pascal  | 1964        | CM Fribourg        | Chailly-sur-Montreux  | 04.10.1998        |
| 50'000m                                    | 3:59:45.8      | Charrière Pascal  | 1964        | CM Fribourg        | Lausanne  | 21.09.1997        |
| <b>Strassengehen / marche sur route</b>    |                |   |             |                    |   |                   |
| 20km                                       | 1:25:20        | Florez Alejandro  | 1971        | SAL sezione Marcia | Poděbrady CZE   | 13.04.2013        |
| 50km                                       | 3:59:20        | Charrière Pascal  | 1964        | CM Fribourg        | Fribourg  | 14.04.1996        |

## MÄNNER / HOMMES

### Bestleistungen / meilleures performances

|                           |                |                                      |      |                      |            |            |
|---------------------------|----------------|--------------------------------------|------|----------------------|------------|------------|
| 150m                      | 15.05          | Wicki Silvan                         | 1995 | BTV Aarau Athletics  | Langenthal | 13.06.2020 |
| 300m                      | 32.29          | Widmer Kevin                         | 1970 | Stade Genève         | Langenthal | 02.08.1995 |
| 600m                      | 1:14.72        | Bucher André                         | 1976 | STV Beromünster      | Bellinzona | 01.09.1999 |
| 300mH                     | 91.4<br>34.87  | Hussein Kariem                       | 1989 | LC Zürich            | Langenthal | 25.05.2017 |
| Fünfkampf /<br>pentathlon | SLV 10<br>4220 | Gertsch Silvain                      | 1981 | Lausanne Sports Ath. | Payerne    | 27.09.2003 |
|                           |                | 11.17 / 6.69 / 9.85 / 1.91 / 2:30.24 |      |                      |            |            |

### Staffeln / relais

|                                     |         |  |  |  |          |            |
|-------------------------------------|---------|--|--|--|----------|------------|
| Schwedenstaffel /<br>relais suédois | 1:52.97 | GG Bern  |  |  | Zofingen | 12.06.1977 |
|                                     |         | Flury Peter - Reber Heinz - Utz Arthur - Vogt Konstantin |  |  |          |            |

### Bahnggehen / marche sur piste

|         |          |                  |      |             |                    |            |
|---------|----------|------------------|------|-------------|--------------------|------------|
| 10'000m | 42:04.39 | Bertoldi Aldo    | 1961 | CM Yverdon  | Olten              | 04.08.1991 |
| 1 h     | 14'064m  | Bertoldi Aldo    | 1961 | CM Yverdon  | Fribourg           | 11.05.1994 |
| 2 h     | 26'295m  | Charrière Pascal | 1964 | CM Fribourg | Chailly s/Montreux | 04.10.1998 |

### Strassengehen / marche sur route

|       |         |               |      |              |               |            |
|-------|---------|---------------|------|--------------|---------------|------------|
| 35km  | 2:46.24 | Bertoldi Aldo | 1961 | CM Yverdon   | Dordrecht NED | 30.05.1992 |
| 100km | 9:15:32 | Varrin Wolf   | 1957 | CMC Lausanne | Rivera        | 29.10.1989 |

### Eingefrorene Rekorde / records gelées

|                          |           |  |      |               |               |            |
|--------------------------|-----------|--|------|---------------|---------------|------------|
| 1h                       | 20'264m   | Schweickhardt Stéphane   | 1960 | CABV Martigny | Martigny      | 15.04.1998 |
| 20'000m                  | 59:14.02  | Schweickhardt Stéphane   | 1960 | CABV Martigny | Martigny      | 15.04.1998 |
| 25'000m                  | 1:18:54.8 | Schweickhardt Stéphane   | 1960 | CABV Martigny | Sion          | 07.09.1988 |
| 30'000m                  | 1:35:40.8 | Moser Albrecht   | 1945 | ST Bern       | Genève        | 24.04.1976 |
| Speer / javelot          | 82.75     | von Wartburg Urs   | 1937 | TV Olten      | Olten         | 15.08.1965 |
| Zehnkampf /<br>décathlon | 8334      | Niklaus Stephan  | 1958 | LC Basel      | Lausanne      | 03.07.1983 |
|                          |           | 10.82 / 7.32 / 15.44 / 2.01 / 47.47 / 14.79 / 48.68 / 4.40 / 67.84 / 4:41.29 |      |               |               |            |
| 15km                     | 43:04     | Ryffel Markus  | 1955 | ST Bern       | Tampa USA     | 13.02.1988 |
| 20km                     | 57:43     | Abraham Tadesse  | 1982 | LC Uster      | Barcelona ESP | 15.02.2016 |
| 25km                     | 1:14:32   | Abraham Tadesse  | 1982 | LC Uster      | Seoul KOR     | 20.03.2016 |
| 30km                     | 1:29:33   | Abraham Tadesse  | 1982 | LC Uster      | Seoul KOR     | 20.03.2016 |

## FRAUEN / FEMMES

### Rekorde / records

|                             |            |   |      |                    |                       |            |
|-----------------------------|------------|---|------|--------------------|-----------------------|------------|
| 100m                        | 10.89      | Kambundji Mujinga                                     | 1992 | ST Bern            | Zürich                | 24.06.2022 |
|                             | 10.90      | Del Ponte Ajla  | 1996 | US Ascona          | La Chaux-de-Fonds     | 14.08.2021 |
| 200m                        | 22.05      | Kambundji Mujinga                                     | 1992 | ST Bern            | Eugene USA            | 19.07.2022 |
|                             | 22.18      | Kambundji Mujinga                                     | 1992 | ST Bern            | Bern                  | 14.06.2022 |
|                             | 22.26      | Kambundji Mujinga                                     | 1992 | ST Bern            | Basel                 | 24.08.2019 |
| 400m                        | 50.52      | Sprunger Lea  | 1990 | COVA Nyon          | La Chaux-de-Fonds     | 01.07.2018 |
| 800m                        | 1:57.95    | Büchel Selina   | 1991 | KTV Bütschwil      | Paris Saint-Denis FRA | 04.07.2015 |
| 1000m                       | 2:31.51    | Gasser Sandra   | 1962 | ST Bern            | Jerez ESP             | 13.09.1989 |
| 1500m                       | 3:58.20    | Weyermann Anita                                       | 1977 | GG Bern            | Monaco MCO            | 08.08.1998 |
| 1 Meile / mile              | 4:23.92    | Weyermann Anita                                       | 1977 | GG Bern            | Bellinzona            | 01.07.1998 |
| 2000m                       | 5:35.59    | Bürki Cornelia  | 1953 | LC Rapperswil-Jona | London GBR            | 11.07.1986 |
| 3000m                       | 8:35.83    | Weyermann Anita                                       | 1977 | GG Bern            | Roma ITA              | 07.07.1999 |
| 5000m                       | 14:59.28   | Weyermann Anita                                       | 1977 | GG Bern            | Roma ITA              | 05.06.1996 |
| 10'000m                     | 31:35.96   | Nauer Daria   | 1966 | TV Länggasse       | Helsinki FIN          | 13.08.1994 |
| 100mH                       | 84.0 12.62 | Urech Lisa  | 1989 | SK Langnau         | La Chaux-de-Fonds     | 03.07.2011 |
| 400mH                       | 76.2 54.06 | Sprunger Lea  | 1990 | COVA Nyon          | Doha QAT              | 04.10.2019 |
| 3000m Steeple               | 9:20.28    | Scherrer Chiara                                       | 1996 | TG Hütten          | Paris FRA             | 18.06.2022 |
|                             | 9:21.65    | Schlumpf Fabienne                                     | 1990 | TG Hütten          | Oslo NOR              | 15.06.2017 |
| Hoch /hauteur               | 1.97       | Lang Salome   | 1997 | LAS Old Boys Basel | Langenthal            | 27.06.2021 |
| Stab / perche               | 4.78       | Büchler Nicole  | 1983 | LC Zürich          | Doha QAT              | 06.05.2016 |
| Weit / longueur             | 6.84       | Pusterla Irene  | 1988 | Vigor Ligornetto   | Chiasso               | 20.08.2011 |
| Drei / triple saut          | 13.49      | Affessi Fatim   | 1993 | CA Genève          | La Chaux-de-Fonds     | 01.07.2018 |
| Kugel / poids               | 4.0 18.02  | Stäheli Ursula  | 1957 | LAS Old Boys Basel | Zug                   | 14.08.1988 |
| Diskus / disque             | 1.0 60.60  | Pfister Rita  | 1952 | LV Winterthur      | Dortmund GER          | 06.06.1976 |
| Hammer / marteau            | 4.0 67.42  | Zihlmann Nicole                                       | 1986 | LC Luzern          | Luzern                | 09.07.2018 |
| Speer / javelot             | 600 58.31  | Ruckstuhl Géraldine                                   | 1998 | STV Altbüron       | Götzis AUT            | 28.05.2017 |
| Siebenkampf /<br>heptathlon | WA 6515    | Kälin Annik   | 2000 | AJ TV Landquart    | München GER           | 18.08.2022 |
|                             |            | 13.23 / 1.74 / 13.56 / 24.24 / 6.73 / 46.72 / 2:13.73 |      |                    |                       |            |
|                             | 6464       | Kälin Annik   | 2000 | AJ TV Landquart    | Eugene USA            | 18.07.2022 |
|                             |            | 13.17 / 1.74 / 13.71 / 24.05 / 6.56 / 48.25 / 2:17.49 |      |                    |                       |            |
|                             | 6398       | Kälin Annik   | 2000 | AJ TV Landquart    | Grosseto ITA          | 01.05.2022 |
|                             |            | 13.43 / 1.77 / 13.81 / 24.50 / 6.55 / 49.11 / 2:20.45 |      |                    |                       |            |

### Staffeln / relais

|        |         |  |  |  |            |            |
|--------|---------|--|--|--|------------|------------|
| 4x100m | 42.05   | Swiss Athletics  |  |  | Tokio JPN  | 05.08.2021 |
|        |         | Dietsche Riccarda - Del Ponte Ajla - Kambundji Mujinga - Kora Salomé |  |  |            |            |
| 4x200m | 1:31.75 | Swiss Athletics  |  |  | Nassau BAH | 25.05.2014 |
|        |         | Kambundji Mujinga - Sprunger Lea- Golay Joëlle - Humair Fanette      |  |  |            |            |
| 4x400m | 3:25.90 | Swiss Athletics  |  |  | Tokio JPN  | 05.08.2021 |
|        |         | Sprunger Lea - Lemmens Silke - Pellaud Rachel - Giger Yasmin         |  |  |            |            |

### Staffeln / relais

|  |         |   |  |  |                     |            |
|--|---------|---|--|--|---------------------|------------|
| 4x100m                                   | 44.29   | COA Lausanne-Riviera  |  |  | Frauenfeld          | 11.09.2022 |
|  | 44.71   | Gutschmidt Melissa - Atcho Sarah - Alizée Rusca - Léonie Pointet            |  |  | Hochdorf            | 12.09.2021 |
|  |         | Kouni Natacha - Lemmens Silke - Gloor Michelle - Mantingh Lynn              |  |  |                     |            |
| 4x200m                                   | 1:37.50 | LC Zürich   |  |  | Zürich / Letzigrund | 06.08.1977 |
|  |         | Süess Ursula - Weiss Angela - Frefel Regula - Markworth Gabriella           |  |  |                     |            |
| 4x400m                                   | 3:35.64 | LC Zürich   |  |  | Hochdorf            | 12.09.2021 |
|  |         | Wernli Lena - Senn Giulia - Lemmens Silke - Giger Yasmin                    |  |  |                     |            |
| 3x1000m                                  | 8:25.55 | LG Bern   |  |  | Thun                | 02.09.2018 |
|  |         | Giudice Laura - Sprecher Sina - Sclabas Delia                               |  |  |                     |            |
| Olympische Staffel /<br>relais olympique | 3:32.10 | LC Frauenfeld   |  |  | Lausanne            | 23.05.1993 |
|  |         | Scalabrin Aurelia - Zürcher-Scalabrin Regula - Huber Karin - Raimann Katrin |  |  |                     |            |
| Américaine                               | 7:19.06 | LC Regensdorf   |  |  | Zug                 | 20.09.2020 |
|  |         | Gröbli Michelle - Fehler Selina - Disch Karin                               |  |  |                     |            |

### Strassenläufe / courses hors stade

|                       |         |                     |      |               |             |            |
|-----------------------|---------|---------------------|------|---------------|-------------|------------|
| 5km                   | 15:34   | Scherrer Chiara     | 1996 | TG Hütten     | Lausanne    | 08.05.2022 |
|                       | 16:29   | McTighe Agnès       | 2001 | CHP Genève    | Monaco MON  | 14.02.2021 |
| 10km                  | 32:01   | Schlumpf Fabienne   | 1990 | TG Hütten     | Berlin GER  | 14.10.2018 |
| Halbmarathon          | 1:08.27 | Schlumpf Fabienne   | 1990 | TG Hütten     | Dresden GER | 21.03.2021 |
| Halbmarathon WOM only | 1:08:38 | Schlumpf Fabienne   | 1990 | TG Hütten     | Gdynia POL  | 17.10.2020 |
| Marathon              | 2:26:14 | Schlumpf Fabienne   | 1990 | TG Hütten     | Belp        | 03.04.2021 |
| Marathon WOM only     | 2:30.17 | Schlumpf Fabienne   | 1990 | TG Hütten     | München GER | 15.08.2022 |
|                       | 2:31:08 | Neuenschwander Maja | 1980 | ST Bern       | Zürich      | 16.08.2014 |
| 100km                 | 7:51:34 | Knöppli Sonja       | 1977 | LV Winterthur | Biel        | 10.06.2006 |

### Bahngehen / marche sur piste

|         |          |             |      |            |           |            |
|---------|----------|-------------|------|------------|-----------|------------|
| 10'000m | 45:28.53 | Polli Laura | 1983 | SAL Lugano | Tesserete | 25.07.2015 |
|---------|----------|-------------|------|------------|-----------|------------|

### Strassengehen / marche sur route

|      |         |             |      |            |        |            |
|------|---------|-------------|------|------------|--------|------------|
| 20km | 1:32:36 | Polli Marie | 1980 | SAL Lugano | Lugano | 08.03.2009 |
|------|---------|-------------|------|------------|--------|------------|

## FRAUEN / FEMMES

### Bestleistungen / meilleures performances

|                           |                |                        |             |                    |              |                   |
|---------------------------|----------------|------------------------|-------------|--------------------|--------------|-------------------|
| 150m                      | 16.67          | Del Ponte Ajla         | 1996        | US Ascona atletica | Meilen       | 21.06.2020        |
| 300m                      | 35.70          | Sprunger Lea           | 1990        | COVA Nyon          | Langenthal   | 25.05.2017        |
| 600m                      | 1:26.16        | Zürcher Regula         | 1967        | LC Frauenfeld      | Langenthal   | 16.05.1996        |
| 300mH                     | 76.2 38.93     | Sprunger Lea           | 1990        | COVA Nyon          | Langenthal   | 03.08.2016        |
| 2000m Steeple             | <b>6:12.44</b> | <b>Scherrer Chiara</b> | <b>1996</b> | <b>TG Hütten</b>   | <b>Uster</b> | <b>10.06.2022</b> |
| Fünfkampf /<br>pentathlon |                |                        |             |                    |              |                   |

### Staffeln / relais

|                                     |         |   |  |  |          |            |
|-------------------------------------|---------|---|--|--|----------|------------|
| Schwedenstaffel /<br>relais suédois | 2:10.32 | Swiss Athletics U18   |  |  | Baku AZE | 27.07.2019 |
|                                     |         | Furler Selina - Joho Seraina - Ammann Lea - Rosamilia Valentina |  |  |          |            |

### Bahngehen / marche sur piste

|       |          |             |      |            |           |            |
|-------|----------|-------------|------|------------|-----------|------------|
| 3000m | 13:25.09 | Polli Marie | 1980 | SAL Lugano | Lugano    | 04.07.2008 |
| 5000m | 21:49.3  | Polli Laura | 1980 | SAL Lugano | Tesserete | 26.07.2014 |
| 1h    | 12'827m  | Polli Laura | 1983 | SAL Lugano | Lugano    | 11.10.2009 |

### Strassengehen / marche sur route

|      |         |             |      |            |                    |            |
|------|---------|-------------|------|------------|--------------------|------------|
| 5km  | 22:39   | Polli Laura | 1983 | SAL Lugano | Lomello ITA        | 23.03.2014 |
| 10km | 45:32   | Polli Marie | 1980 | SAL Lugano | Chiasso            | 09.09.2007 |
| 50km | 4:45:57 | Polli Laura | 1983 | SAL Lugano | Scanzorosciate ITA | 19.10.2005 |

### Eingefrorene Rekorde / records gelées

|      |         |                     |      |           |              |            |
|------|---------|---------------------|------|-----------|--------------|------------|
| 15km | 49:50   | Schlumpf Fabienne   | 1990 | TG Hütten | Den Haag NED | 12.03.2017 |
| 20km | 1:06:40 | Schlumpf Fabienne   | 1990 | TG Hütten | Den Haag NED | 12.03.2017 |
| 25km | 1:26:51 | Neuenschwander Maja | 1980 | ST Bern   | Tokio JPN    | 28.02.2016 |

## MÄNNER / FRAUEN MIXED

### Rekorde / records

#### Staffeln / relais

|        |         |   |  |  |     |            |
|--------|---------|---|--|--|-----|------------|
| 4x400m | 3:19.68 | LC Zürich   |  |  | Zug | 20.09.2020 |
|        |         | Petrucciani Ricky - Lemmens Silke - Giger Yasmin - Reais William Jeff |  |  |     |            |

#### Vereinsstaffeln / relais de société

|        |         |   |  |  |     |            |
|--------|---------|---|--|--|-----|------------|
| 4x400m | 3:19.68 | LC Zürich   |  |  | Zug | 20.09.2020 |
|        |         | Petrucciani Ricky - Lemmens Silke - Giger Yasmin - Reais William Jeff |  |  |     |            |

## U23 M

### Rekorde / records

|  |             |                      |             |                  |                     |   |
|--|-------------|----------------------|-------------|------------------|---------------------|---|
| 100m                                   | 10.20       | Reais William Jeff   | 1999        | LC Zürich        | Nottwil             | 04.09.2021  |
| 200m                                   | 20.24       | Reais William Jeff   | 1999        | LC Zürich        | Basel               | 12.09.2020  |
| 400m                                   | 45.02       | Petrucciani Ricky    | 2000        | LC Zürich        | Tallinn EST         | 10.07.2021  |
| 800m                                   | 1:44.96     | Bucher André         | 1976        | STV Beromünster  | Zürich / Letzigrund | 12.08.1998  |
| 1000m                                  | 2:17.45     | Bucher André         | 1976        | STV Beromünster  | Langenthal          | 21.05.1998  |
| 1500m                                  | 3:33.80     | Délèze Pierre        | 1958        | CA Sion          | Zürich / Letzigrund | 13.08.1980  |
| 1 Meile/mile                           | 3:53.55     | Délèze Pierre        | 1958        | CA Sion          | London GBR          | 25.08.1980  |
| 2000m                                  | 5:04.8 (94) | Ryffel Markus        | 1955        | ST Bern          | Oslo NOR            | 30.06.1976  |
| 3000m                                  | 7:45.4 (54) | Ryffel Markus        | 1955        | ST Bern          | Köln GER            | 22.06.1977  |
| 5000m                                  | 13:23.93    | Ryffel Markus        | 1955        | ST Bern          | Zürich / Letzigrund | 24.08.1977  |
| 10'000m                                | 28:05.37    | Ryffel Markus        | 1955        | ST Bern          | Stockholm SWE       | 09.08.1976  |
| 110mH <sup>106.7</sup>                 | 13.29       | Joseph Jason         | 1998        | LC Therwil       | Basel               | 12.09.2020  |
| 400mH <sup>91.4</sup>                  | 49.14       | Brand Dany           | 1996        | LC Zürich        | Bydgoszcz POL       | 16.07.2017  |
| 3000m Steeple                          | 8:32.10     | Hertner Roland       | 1957        | SC Liestal       | Ovre Ardal NOR      | 19.08.1979  |
| Hoch / hauteur                         | 2.26        | Dalhäuser Roland     | 1958        | TV Birsfelden    | Tokyo JPN           | 16.09.1980  |
| Stab / perche                          | 5.55        | Böhni Felix          | 1958        | LC Zürich        | Houston USA         | 03.05.1980  |
| Weit / longueur                        | <b>8.45</b> | <b>Ehammer Simon</b> | <b>2000</b> | <b>TV Teufen</b> | <b>Götzis AUT</b>   | <b>28.05.2022</b>   |
| Drei / triple saut                     | 16.44       | Graber Andreas       | 1992        | ST Bern          | Luzern              | 26.07.2013  |
| Kugel / poids <sup>7.26</sup>          | 20.01       | Günthör Werner       | 1961        | ST Bern          | Bern / Neufeld      | 29.07.1983  |
| Diskus / disque <sup>2.0</sup>         | 61.45       | Schaerer Daniel      | 1985        | LC Zürich        | Salinas USA         | 16.05.2007  |
| Hammer / marteau <sup>7.26</sup>       | 72.96       | Suter Patric         | 1977        | Hochwacht Zug    | Rüdlingen GER       | 29.08.1999  |
| Speer / javelot <sup>800</sup>         | 79.44       | Wieland Simon        | 2000        | ST Bern          | Boras SWE           | 21.07.2019  |
| Zehnkampf /<br>décathlon <sup>WA</sup> | <b>8468</b> | <b>Ehammer Simon</b> | <b>2000</b> | <b>TV Teufen</b> | <b>München GER</b>  | <b>16.08.2022</b>   |
|  | <b>8377</b> | <b>Ehammer Simon</b> | <b>2000</b> | <b>TV Teufen</b> | <b>Götzis AUT</b>   | <b>29.05.2022</b>   |
|  |             |                      |             |                  |                     | <b>10.56 / 8.31 / 14.24 / 2.08 / 47.70 / 13.75 / 34.92 / 5.20 / 53.46 / 4:48.72</b> |
|  |             |                      |             |                  |                     | <b>10.46 / 8.45 / 14.42 / 2.03 / 48.44 / 13.75 / 36.98 / 5.10 / 55.98 / 5:08.51</b> |

### Staffeln / relais

|        |         |   |  |  |             |            |
|--------|---------|---|--|--|-------------|------------|
| 4x100m | 39.73   | Swiss Athletics   |  |  | Kaunas LTU  | 19.07.2009 |
|        |         | Mancini Pascal - Sunier Benjamin - Asante Kwasi Oforu - Schenkel Reto |  |  |             |            |
| 4x400m | 3:06.13 | Swiss Athletics   |  |  | Tallinn EST | 11.07.2021 |
|        |         | Bonvin Julien - Moggi Filippo - Inglin Sales - Spitz Lionel           |  |  |             |            |

### Strassenläufe / courses hors stade

|              |         |                     |      |                |                  |            |
|--------------|---------|---------------------|------|----------------|------------------|------------|
| 10km         | 27:25   | Wanders Julien      | 1996 | Stade Genève   | Houilles FRA     | 30.12.2018 |
| Halbmarathon | 1:00:09 | Wanders Julien      | 1996 | Stade Genève   | Barcelona ESP    | 11.02.2019 |
| Marathon     | 2:23:48 | Wulliemier François | 1953 | Stade Lausanne | Neuf-Brisach FRA | 26.10.1975 |

### Bahngehen / marche sur piste

|      |         |                 |      |            |           |            |
|------|---------|-----------------|------|------------|-----------|------------|
| 20km | 1:34:35 | Perrier Nicolas | 1981 | CM Monthey | Rouen FRA | 23.04.2003 |
|------|---------|-----------------|------|------------|-----------|------------|

### Strassengehen / marche sur route

|      |         |                 |      |            |                 |            |
|------|---------|-----------------|------|------------|-----------------|------------|
| 20km | 1:31:34 | Grandjean Bruno | 1983 | CM Monthey | Vallensbaek DEN | 02.05.2004 |
| 50km | 4:29:37 | Perrier Nicolas | 1981 | CM Monthey | Caslano         | 07.09.2003 |

### Bestleistungen / meilleures performances

|   |         |                     |      |                       |                           |   |
|---|---------|---------------------|------|-----------------------|---------------------------|---|
| 150m                                    | 15.28   | Mouthon Bastien     | 1994 | CA Riviera            | Basel                     | 07.05.2016                                  |
|   | 15.28   | Reais William Jeff  | 1999 | LC Zürich             | Langenthal                | 13.06.2020                                  |
| 300m                                    | 32.48   | Mouthon Bastien     | 1994 | CA Riviera            | Langenthal                | 05.05.2016                                  |
| 600m                                    | 1:15.93 | Bucher André        | 1976 | STV Beromünster       | Marietta USA              | 21.0.19796                                  |
| 300mH <sup>91.4</sup>                   | 35.45   | Mfomkpa Alain-Hervé | 1996 | Lausanne Sports Athl. | Langenthal                | 25.05.2017                                  |
| Fünfkampf /<br>pentathlon <sup>WA</sup> | 2897    | Thiébaud Adrian     | 1997 | FSG Couvet            | Les Geneveys-sur-Coffrane | 02.06.2018                                  |
|   |         |                     |      |                       |                           | <b>12.28 / 3:21.93 / 1.65 / 5.59 / 7.07</b> |

### Staffeln / relais

|                                     |         |   |  |  |          |            |
|-------------------------------------|---------|---|--|--|----------|------------|
| Schwedenstaffel /<br>relais suédois | 1:55.98 | Swiss Athletics U18   |  |  | Győr HUN | 07.08.2018 |
|                                     |         | Castrini Timo - Mumenthaler Timothé - Stalder Nick - Spitz Lionel |  |  |          |            |

### Bahngehen / marche sur piste

|         |          |                   |      |            |                    |            |
|---------|----------|-------------------|------|------------|--------------------|------------|
| 10'000m | 44:49:56 | Giroud Thierry    | 1966 | CM Yverdon | Genève             | 03.08.1985 |
| 1h      | 12'662m  | Bürki Christopher | 1988 | CM Yverdon | Chailly s/Montreux | 17.03.2007 |

### Strassengehen / marche sur route

|      |         |                 |      |            |                  |            |
|------|---------|-----------------|------|------------|------------------|------------|
| 35km | 2:55:28 | Grandjean Bruno | 1983 | CM Monthey | La Tour-de-Peilz | 18.04.2004 |
|------|---------|-----------------|------|------------|------------------|------------|

### Eingefrorene Rekorde / records gelées

|      |           |                     |      |             |            |            |
|------|-----------|---------------------|------|-------------|------------|------------|
| 1 h  | 19'086m   | Kraehenbühl Jacques | 1964 | CA Fribourg | Bellinzona | 19.10.1985 |
| 20km | 1:02:55.8 | Kraehenbühl Jacques | 1964 | CA Fribourg | Bellinzona | 19.10.1985 |
| 25km | 1:20:38.4 | Kraehenbühl Jacques | 1964 | CA Fribourg | Bellinzona | 19.10.1985 |

## U23 W

### Rekorde / records

|                             |            |   |      |                    |                    |            |
|-----------------------------|------------|---|------|--------------------|--------------------|------------|
| 100m                        | 11.12      | <b>Kouni Natacha</b>                                  | 2001 | LC Zürich          | Bulle              | 09.07.2022 |
|                             | 11.20      | Kambundji Mujinga                                     | 1992 | ST Bern            | Zürich/Letzigrund  | 13.08.2014 |
|                             | 11.20      | Pointet Léonie  | 2001 | CA Riviera         | Nottwil            | 04.09.2021 |
| 200m                        | 22.83      | Kambundji Mujinga                                     | 1992 | ST Bern            | Zürich/Letzigrund  | 15.08.2014 |
| 400m                        | 52.09      | Lemmens Silke   | 1999 | LC Zürich          | Tallinn EST        | 10.07.2021 |
| 800m                        | 1:59.53    | <b>Werro Audrey</b>                                   | 2004 | CA Belfaux         | Cali COL           | 03.08.2022 |
|                             | 2:00.28    | <b>Werro Audrey</b>                                   | 2004 | CA Belfaux         | Genève             | 11.06.2022 |
|                             | 2:01.29    | Sclabas Delia   | 2000 | LG Gerbersport     | Tampere FIN        | 12.07.2018 |
| 1000m                       | 2:41.46    | Sclabas Delia   | 2000 | LG Gerbersport     | Affoltern am Albis | 15.07.2017 |
| 1500m                       | 3:58.20    | Weyermann Anita                                       | 1977 | GG Bern            | Monaco MCO         | 08.08.1998 |
| 1 Meile/mile                | 4:23.92    | Weyermann Anita                                       | 1977 | GG Bern            | Bellinzona         | 01.07.1998 |
| 3000m                       | 8:35.83    | Weyermann Anita                                       | 1977 | GG Bern            | Roma ITA           | 07.07.1999 |
| 5000m                       | 14:59.28   | Weyermann Anita                                       | 1977 | GG Bern            | Roma ITA           | 05.06.1997 |
| 10'000m                     | 34:09.59   | Buttel Deborah  | 1985 | TV Riehen          | Thun               | 27.08.2004 |
| 100mH                       | 84.0 12.62 | Urech Lisa  | 1989 | SK Langnau         | La Chaux-de-Fonds  | 03.07.2011 |
| 400m H                      | 55.25      | Giger Yasmin  | 1999 | LC Zürich          | Tallinn EST        | 10.07.2021 |
| 3000m Steeple               | 9:44.59    | Scherrer Chiara                                       | 1996 | TG Hütten          | Huelva ESP         | 08.06.2018 |
| Hoch / hauteur              | 1.91       | Lang Salome   | 1997 | LAS Old Boys Basel | Lausanne           | 01.06.2019 |
| Stab / perche               | 4.61       | Moser Angelica  | 1997 | LC Zürich          | Zürich/Letzigrund  | 22.07.2017 |
| Weit / longueur             | 6.76       | Pusterla Irene  | 1988 | VIGOR Ligornetto   | Lugano             | 17.07.2010 |
| Drei / triple saut          | 13.10      | Schmid Manuela  | 1974 | BTV Aarau          | Bern/Neufeld       | 02.07.1995 |
| Kugel / poids               | 4.0 16.49  | Ganguillet Nathalie                                   | 1967 | SEP Olympic        | Courtelay          | 06.06.1987 |
| Diskus / disque             | 1.0 56.84  | Hagmann Karin   | 1974 | KTV Wil            | Colombier          | 07.09.1996 |
| Hammer / marteau            | 4.0 60.06  | Wehrli Lydia  | 1990 | Stade Genève       | Luzern             | 21.07.2011 |
| Speer / javelot             | 600 58.31  | Ruckstuhl Geraldine                                   | 1998 | STV Altburon       | Götzis AUT         | 28.05.2017 |
| Siebenkampf /<br>heptathlon | WA 6515    | <b>Kälin Annik</b>                                    | 2000 | AJ TV Landquart    | München GER        | 18.08.2022 |
|                             |            | 13.23 / 1.74 / 13.56 / 24.24 / 6.73 / 46.72 / 2:13.73 |      |                    |                    |            |
|                             | 6464       | <b>Kälin Annik</b>                                    | 2000 | AJ TV Landquart    | Eugene USA         | 18.07.2022 |
|                             |            | 13.17 / 1.74 / 13.71 / 24.05 / 6.56 / 48.25 / 2:17.49 |      |                    |                    |            |
|                             | 6398       | <b>Kälin Annik</b>                                    | 2000 | AJ TV Landquart    | Grosseto ITA       | 01.05.2022 |
|                             |            | 13.43 / 1.77 / 13.81 / 24.50 / 6.55 / 49.11 / 2:20.45 |      |                    |                    |            |

### Staffeln / relais

|        |         |   |  |  |               |            |
|--------|---------|---|--|--|---------------|------------|
| 4x100m | 43.99   | Swiss Athletics   |  |  | Bydgoszcz POL | 16.07.2017 |
|        |         | Dietsche Riccarda - Atcho Sarah - Del Ponte Ajla - Frey Géraldine |  |  |               |            |
| 4x400m | 3:34.14 | Swiss Athletics   |  |  | Tallinn EST   | 11.07.2021 |
|        |         | Lemmens Silke - Vancardo Veronica - Senn Giulia - Giger Yasmin    |  |  |               |            |

### Strassenläufe / courses hors stade

|              |         |                      |      |            |                |            |
|--------------|---------|----------------------|------|------------|----------------|------------|
| 10km         | 34:30   | <b>Sönning Alina</b> | 2000 | LV Albis   | Vétroz         | 03.04.2022 |
| Halbmarathon | 1:12:59 | Jeitziner Ursula     | 1972 | TV Naters  | Uster          | 19.09.1992 |
| Marathon     | 2:42:14 | Reiber Carolina      | 1973 | LG Bonaduz | Worben b. Bern | 30.04.1995 |

### Bahngehen / marche sur piste

|         |          |             |      |            |        |            |
|---------|----------|-------------|------|------------|--------|------------|
| 10'000m | 47:36.70 | Polli Laura | 1983 | SAL Lugano | Lugano | 09.10.2005 |
|---------|----------|-------------|------|------------|--------|------------|

### Strassengehen / marche sur route

|      |         |             |      |            |        |            |
|------|---------|-------------|------|------------|--------|------------|
| 20km | 1:39:09 | Polli Laura | 1983 | SAL Lugano | Lugano | 20.03.2005 |
|------|---------|-------------|------|------------|--------|------------|

### Bestleistungen / meilleures performances

|               |            |                   |      |                |                 |            |
|---------------|------------|-------------------|------|----------------|-----------------|------------|
| 150m          | 17.24      | Sprunger Lea      | 1990 | COVA Nyon      | Fribourg        | 21.07.2012 |
| 300m          | 37.38      | Sprunger Lea      | 1990 | COVA Nyon      | Lausanne        | 05.05.2012 |
| 600m          | 1:26.61    | Werro Audrey      | 2004 | CA Belfaux     | Langenthal      | 13.05.2021 |
| 2000m         | 6:03.13    | Sclabas Delia     | 2000 | LG Gerbersport | Regensdorf      | 18.08.2015 |
| 300mH         | 76.2 39.93 | Giger Yasmin      | 1999 | LC Zürich      | St. Gallen      | 29.05.2021 |
| 2000m Steeple | 6:30.96    | Schlumpf Fabienne | 1990 | TG Hütten      | Pliezhausen GER | 06.05.2012 |

### Staffeln / relais

|                                     |         |   |  |  |          |            |
|-------------------------------------|---------|---|--|--|----------|------------|
| Schwedenstaffel /<br>relais suédois | 2:10.32 | Swiss Athletics U18   |  |  | Baku AZE | 27.07.2019 |
|                                     |         | Furler Selina - Joho Seraina - Ammann Lea - Rosamilia Valentina |  |  |          |            |

### Bahngehen / marche sur piste

|       |          |             |      |            |                      |            |
|-------|----------|-------------|------|------------|----------------------|------------|
| 3000m | 13:32.20 | Polli Laura | 1983 | SAL Lugano | Chailly sur Montreux | 17.09.2005 |
| 5000m | 22:42.10 | Polli Laura | 1983 | SAL Lugano | Chailly sur Montreux | 17.09.2005 |
| 1h    | 12'447m  | Polli Laura | 1983 | SAL Lugano | Lugano               | 09.10.2005 |

### Strassengehen / marche sur route

|      |         |             |      |            |                    |            |
|------|---------|-------------|------|------------|--------------------|------------|
| 5km  | 23:29   | Polli Marie | 1980 | SAL Lugano | Lugano             | 08.10.2000 |
| 10km | 23:18   | Polli Laura | 1983 | SAL Lugano | Chiasso            | 11.09.2005 |
| 50km | 4:45:57 | Polli Laura | 1983 | SAL Lugano | Scanzorosciate ITA | 19.10.2005 |

### Eingefrorene Rekorde / records gelées

|      |         |                 |      |                   |            |            |
|------|---------|-----------------|------|-------------------|------------|------------|
| 25km | 1:37:40 | Gerber Dolorita | 1968 | TV Unterstrass ZH | St-Maurice | 21.10.1990 |
|------|---------|-----------------|------|-------------------|------------|------------|

## U20 M

### Rekorde / records

|                          |                  |                     |      |  |                        |            |
|--------------------------|------------------|---------------------|------|--|------------------------|------------|
| 100m                     | 10.45            | Schenkel Reto Amaru | 1988 | LC Zürich  | Olten                  | 29.07.2006 |
| 200m                     | 20.72            | Tonazzi Aldo        | 1977 | STV Brunnen  | Zofingen               | 07.07.1996 |
| 400m                     | 46.30            | Petruciani Ricky    | 2000 | LC Zürich  | Bellinzona             | 01.09.2019 |
| 800m                     | 1:45.71          | Bucher André        | 1976 | STV Beromünster  | Zürich                 | 16.08.1995 |
| 1000m                    | 2:18.97          | Bucher André        | 1976 | STV Beromünster  | Langenthal             | 25.05.1995 |
| 1500m                    | 3:38.94          | Bucher André        | 1976 | STV Beromünster  | Kopenhagen DEN         | 23.08.1995 |
| 3000m                    | 8:02.49          | Délèze Pierre       | 1958 | CA Sion  | Lausanne               | 03.08.1977 |
| 5000m                    | 13:48.21         | Wanders Julien      | 1996 | Stade Genève   | Oordegem-Lede BEL      | 24.05.2015 |
| 10'000m                  | 29:49.12         | Röthlin Viktor      | 1974 | STV Alpnach, LAGr  | Liestal                | 01.09.1993 |
| 110mH                    | 99.1 13.25       | Joseph Jason        | 1998 | LC Therwil   | Zofingen               | 03.06.2017 |
| 400mH                    | 91.4 50.44       | Schelbert Marcel    | 1976 | LC Zürich  | Nyiregyhaza HUN        | 29.07.1995 |
| 2000m Steeple            | 91.4 5:42.7 (84) | Hertner Roland      | 1957 | SC Liestal   | Aarau                  | 29.08.1976 |
| 3000m Steeple            | 91.4 8:47.2 (34) | Rhyn Guido          | 1957 | LV Langenthal  | St-Maur                | 26.05.1976 |
| Hoch / hauteur           | 2.21             | Dalhäuser Roland    | 1958 | TV Birsfelden  | Riehen                 | 24.09.1977 |
|                          | 2.21             | Paroz Olivier       | 1973 | Lausanne-Sports  | Sion                   | 06.09.1992 |
| Stab / perche            | 5.35             | Imsand Valentin     | 2005 | CS 13 Etoiles  | Sion                   | 26.06.2022 |
|                          | 5.31             | Richards Marquis    | 1991 | TV Arlesheim   | Arlesheim              | 15.08.2010 |
| Weit / longueur          | 7.87             | Ehammer Simon       | 2000 | TV Teufen  | Winterthur             | 08.09.2019 |
| Drei / triple saut       | 15.62            | Benz Cornel         | 1968 | LC Brühl   | Lausanne               | 04.07.1987 |
| Kugel / poids            | 6.0 19.36        | Vogel Jephté        | 2002 | FSG Alle   | Basel                  | 29.05.2021 |
| Diskus / disque          | 1.75 57.18       | Ott Gregori         | 1994 | LAS Old Boys Basel   | Luzern                 | 16.06.2013 |
| Hammer / marteau         | 6.0 70.63        | Wolfisberg Lars     | 2003 | LC Luzern  | Luzern                 | 24.09.2022 |
|                          | 69.81            | Wolfisberg Lars     | 2003 | LC Luzern  | Cali COL               | 02.08.2022 |
|                          | 69.12            | Wolfisberg Lars     | 2003 | LC Luzern  | Mulhouse FRA           | 15.07.2022 |
|                          | 68.33            | Wolfisberg Lars     | 2003 | LC Luzern  | Mannheim GER           | 03.07.2022 |
|                          | 67.97            | Wolfisberg Lars     | 2003 | LC Luzern  | Fränkisch-Crumbach GER | 04.06.2022 |
| Speer / javelot          | 800 79.44        | Wieland Simon       | 2000 | ST Bern  | Boras SWE              | 21.07.2019 |
| Zehnkampf /<br>décathlon | WA 7851          | Ehammer Simon       | 2000 | TV Teufen  | Boras SWE              | 21.07.2019 |
|                          |                  |                     |      | 10.70 / 7.68 / 14.08 / 1.97 / 48.22 / 13.57 / 35.24 / 4.70 / 49.45 / 5:04.25 |                        |            |

### Staffeln / relais

|        |         |  |  |             |            |
|--------|---------|--|--|-------------|------------|
| 4x100m | 40.18   | Swiss Athletics  |  | Zofingen    | 04.06.2022 |
|        | 40.19   | Swiss Athletics  |  | Rieti ITA   | 21.07.2013 |
|        |         | Bello Yanier - Peña Brahian - Chuard Sylvain - Wicki Silvan      |  |             |            |
| 4x400m | 3:09.48 | Swiss Athletics  |  | Tampere FIN | 14.07.2018 |
|        |         | Bonvin Julien - Petruciani Ricky - Moggi Filippo - Reais William |  |             |            |

### Vereinsstaffeln / relais de société

|  |         |   |  |                |            |
|--|---------|---|--|----------------|------------|
| 4x100m                                   | 40.90   | LC Zürich   |  | Heidenheim GER | 14.07.1973 |
|  |         | Tschenett Armin - Lenzin Thierry - Ablanap Kurt - Yanku Erol              |  |                |            |
| 4x400m                                   | 3:17.23 | LC Zürich   |  | Zürich         | 13.09.2014 |
|  |         | Rosenthal Philip - Elmer Tom - Krempke Florian - Brand Dany               |  |                |            |
| 3x1000m                                  | 7:23.73 | Stade Lausanne Athlétisme   |  | Lausanne       | 23.05.1993 |
|  |         | Rossier Alain - Rossier Daniel - Follack Christian                        |  |                |            |
| Olympische Staffel /<br>relais olympique | 3:13.06 | LG Basel Regio  |  | Frauenfeld     | 11.09.2022 |
|  | 3:15.86 | Ziem Elija - Gran Jonas - Csontos Joël - Miller Louis                     |  |                |            |
|  |         | COA Fribourg-Romand   |  | Basel          | 27.08.2016 |
|  |         | Dupré Arnaud - Devantay Charles - Rayroud Christopher - Defferrard Arnaud |  |                |            |

### Strassenläufe / courses hors stade

|              |         |                   |      |                 |                  |            |
|--------------|---------|-------------------|------|-----------------|------------------|------------|
| 10km         | 29:49   | Wanders Julien    | 1996 | Stade Genève    | Berlin GER       | 11.10.2015 |
| Halbmarathon | 1:09:24 | Leiggener Michael | 1981 | All Blacks Thun | Berlin GER       | 02.04.2000 |
| Marathon     | 2:26:53 | Rhyn Guido        | 1957 | LV Langenthal   | Neuf-Brisach FRA | 26.10.1975 |

### Bahngehen / marche sur piste

|         |          |                |      |            |        |            |
|---------|----------|----------------|------|------------|--------|------------|
| 10'000m | 44:49:56 | Giroud Thierry | 1966 | CM Yverdon | Genève | 03.08.1985 |
|---------|----------|----------------|------|------------|--------|------------|

### Strassengehen / marche sur route

|      |       |                   |      |            |               |            |
|------|-------|-------------------|------|------------|---------------|------------|
| 10km | 46:47 | Bürki Christopher | 1988 | CM Yverdon | Podebrady CZE | 14.04.2007 |
|------|-------|-------------------|------|------------|---------------|------------|



## U20 M

### Bestleistungen / meilleures performances

|                           |             |                                       |      |              |            |            |
|---------------------------|-------------|---------------------------------------|------|--------------|------------|------------|
| 150m                      | 15.67       | Reais William Jeff                    | 1999 | BTV Chur     | Basel      | 12.05.2018 |
| 300m                      | 33.41       | Ricky Petrucciani                     | 2000 | LC Zürich    | Langenthal | 02.08.2018 |
| 600m                      | 1:17.67     | Giger Rolf                            | 1968 | GLAV         | St. Gallen | 01.08.1987 |
| 1 Meile / mile            | 3:59.75     | Wirz Peter                            | 1960 | ST Bern      | London GBR | 27.08.1979 |
| 2000m                     | 5:23.45     | Délèze Pierre                         | 1958 | CA Sion      | Bern       | 14.05.1977 |
| 300mH                     | 91.4 36.39  | Inglin Sales                          | 1999 | LC Zürich    | Basel      | 12.05.2018 |
| Fünfkampf /<br>pentathlon | SLV 10 4145 | Romanens Jérôme                       | 1969 | CS Le Mouret | Bulle      | 23.09.1986 |
|                           |             | 11.52 / 6.69 / 10.50 / 1.96 / 2:36.62 |      |              |            |            |

### Staffeln / relais

|                                     |         |  |  |          |            |
|-------------------------------------|---------|--|--|----------|------------|
| Schwedenstaffel /<br>relais suédois | 1:55.98 | Swiss Athletics U18  |  | Győr HUN | 07.08.2018 |
|                                     |         | Castrini Timo - Mummenthaler Timothé - Stalder Nick - Spitz Lionel |  |          |            |

### Bahngehen / marche sur piste

|         |         |                  |      |            |          |            |
|---------|---------|------------------|------|------------|----------|------------|
| 5000m   | 21:39.9 | Genet Jérôme     | 1975 | CM Monthey | Sion     | 22.05.1994 |
| 20'000m | 1:41:49 | Charrière Pascal | 1984 | CM Friboug | Fribourg | 07.08.1983 |
| 1 h     | 13'056m | Giroud Thierry   | 1966 | CM Yverdon | Fribourg | 11.05.1985 |

### Strassengehen / marche sur route

|      |         |                |      |            |             |            |
|------|---------|----------------|------|------------|-------------|------------|
| 20km | 1:31:27 | Giroud Thierry | 1966 | CM Yverdon | Belvaux LUX | 21.04.1985 |
|------|---------|----------------|------|------------|-------------|------------|

### Eingefrorene Rekorde / records gelées

|                          |                |  |      |                    |                   |            |
|--------------------------|----------------|--|------|--------------------|-------------------|------------|
| 110mH                    | 106.7 13.5(74) | Schneider Roberto  | 1957 | SA Lugano          | Pliezhausen GER   | 23.05.1976 |
| Kugel / poids            | 6¼ 17.10       | Hasler Urs   | 1983 | BTV Aarau          | Bern              | 01.06.2002 |
| Kugel / poids            | 7.26 16.42     | Günthör Werner   | 1961 | TV Uttwil          | Weinfelden        | 07.06.1980 |
| Diskus / disque          | 2 49.71        | Ott Gregori  | 1994 | LAS Old Boys Basel | Lausanne          | 08.06.2013 |
| Hammer / marteau         | 6¼ 67.40       | Suter Patric   | 1977 | Hochwacht Zug      | Yverdon-les-Bains | 12.10.1996 |
| Zehnkampf /<br>décathlon | 7570           | Gähwiler Beat  | 1965 | TV Landquart       | Winterthur        | 23.06.1984 |
|                          |                | 11.17 / 7.06 / 13.46 / 1.83 / 50.51 / 15.55 / 40.40 / 4.50 / 65.46 / 4:30.23 |      |                    |                   |            |
| Zehnkampf /<br>décathlon | JUN- SLV 7655  | Huber Philipp  | 1974 | LC Altdorf         | Hochdorf          | 27.06.1993 |
|                          |                | 11.42 / 6.77 / 14.31 / 1.89 / 48.90 / 14.80 / 43.04 / 4.50 / 53.18 / 4:20.06 |      |                    |                   |            |

## U20 W

### Rekorde / records

|                             |                |                     |             |   |                     |                   |
|-----------------------------|----------------|---------------------|-------------|---|---------------------|-------------------|
| 100m                        | 11.37          | Gutschmidt Melissa  | 2002        | Lausanne-Sports Athlétisme                            | Lausanne            | 27.08.2021        |
| 200m                        | 23.68          | Kambundji Mujinga   | 1992        | ST Bern   | Moncton CAN         | 22.07.2010        |
| 400m                        | 53.09          | Giger Yasmin        | 1999        | Amriswil-Athletics                                    | Frauenfeld          | 13.05.2017        |
| 800m                        | <b>1:59.53</b> | <b>Werro Audrey</b> | <b>2004</b> | <b>CA Belfaux</b>                                     | <b>Cali COL</b>     | <b>03.08.2022</b> |
|                             | <b>2:00.28</b> | <b>Werro Audrey</b> | <b>2004</b> | <b>CA Belfaux</b>                                     | <b>Genève</b>       | <b>11.06.2022</b> |
|                             | 2:01.29        | Sclabas Delia       | 2000        | LG Gerbersport  | Tampere FIN         | 12.07.2018        |
| 1000m                       | 2:41.46        | Sclabas Delia       | 2000        | LG Gerbersport  | Affoltern am Albis  | 15.07.2017        |
| 1500m                       | 4:03.45        | Weyermann Anita     | 1977        | GG Bern   | Lausanne            | 03.07.1996        |
| 3000m                       | 8:50.73        | Weyermann Anita     | 1977        | GG Bern   | Sydney AUS          | 22.08.1996        |
| 5000m                       | 14:59.28       | Weyermann Anita     | 1977        | GG Bern   | Roma ITA            | 05.06.1996        |
| 10'000m                     | 34:09.59       | Büttel Deborah      | 1985        | TV Riehen   | Thun                | 27.08.2004        |
| 100mH                       | 84.0 12.94     | Kambundji Ditaji    | 2002        | ST Bern   | Genève              | 12.06.2021        |
| 400mH                       | 76.2 55.90     | Giger Yasmin        | 1999        | Amriswil-Athletics                                    | Grosseto ITA        | 23.07.2017        |
| 2000m Steeple               | 6:42.92        | Häring Sibylle      | 2000        | LC Fortuna Oberbaselbiet                              | Pliezhausen GER     | 13.05.2018        |
| 3000m Steeple               | 10:24.54       | Häring Sibylle      | 2000        | LC Fortuna Oberbaselbiet                              | Boras SWE           | 20.07.2019        |
| Hoch / hauteur              | 1.89           | Engondo Marithé     | 2002        | Lausanne-Sports Athlétisme                            | Nairobi KEN         | 22.08.2021        |
| Stab / perche               | 4.57           | Moser Angelica      | 1997        | LC Zürich   | Frauenkappelen      | 01.08.2016        |
| Weit / longueur             | 6.40           | Piffaretti Emma     | 2002        | US Ascona atletica                                    | Zofingen            | 08.06.2019        |
| Drei / triple saut          | 12.83          | Affessi Fatim       | 1993        | CA Genève   | Genève              | 29.05.2010        |
|                             | 12.83          | Maonzambi Gaëlle    | 2001        | GG Bern   | Basel               | 11.09.2020        |
| Kugel / poids               | 4.0 15.06      | Ganguillet Nathalie | 1967        | SEP Olympic La Chaux-de-Fonds                         | Catania ITA         | 21.09.1985        |
| Diskus / disque             | 1.0 50.18      | Ganguillet Nathalie | 1967        | SEP Olympic La Chaux-de-Fonds                         | Bourg-en-Bresse FRA | 25.05.1985        |
| Hammer / marteau            | 4.0 54.61      | Probst Livia        | 1999        | LAS Old Boys Basel                                    | Luzern              | 09.07.2018        |
| Speer / javelot             | 600 58.31      | Ruckstuhl Géraldine | 1998        | STV Altbüron  | Götzis AUT          | 28.05.2017        |
| Siebenkampf /<br>heptathlon | WA 6357        | Ruckstuhl Géraldine | 1998        | STV Altbüron  | Grosseto ITA        | 21.07.2017        |
|                             |                |                     |             | 13.98 / 1.81 / 13.54 / 24.74 / 5.97 / 54.32 / 2:12.56 |                     |                   |

### Staffeln / relais

|        |         |  |  |  |           |            |
|--------|---------|--|--|--|-----------|------------|
| 4x100m | 44.61   | Swiss Athletics  |  |  | Lausanne  | 23.07.2017 |
|        |         | Goll Judith - Mantingh Lynn - Vancardo Veronica - Reinle Cynthia |  |  |           |            |
| 4x400m | 3:38.14 | Swiss Athletics  |  |  | Boras SWE | 20.07.2019 |
|        |         | Senn Giulia - Vancardo Veronica - Nri Florence - Wernli Lena     |  |  |           |            |

### Vereinsstaffeln / relais de société

|  |                |  |  |  |                   |                   |
|--|----------------|--|--|--|-------------------|-------------------|
| 4x100m                                   | 45.82          | LC Zürich  |  |  | Lausanne          | 01.06.2019        |
|  |                | Danelli Alessia - Mantingh Lynn - Wernli Lena - Kouni Natacha              |  |  |                   |                   |
| 4x400m                                   | 3:54.93        | LAC Biel   |  |  | Sion              | 14.09.1997        |
|  |                | Spani Caroline - Liniger Judith - Dürrenmatt Sibylle - Burkhalter Jennifer |  |  |                   |                   |
| 3x1000m                                  | <b>8:45.95</b> | <b>TV Cham</b>   |  |  | <b>Frauenfeld</b> | <b>11.09.2022</b> |
|  |                | <b>Villiger Nina - Wehrung Lieke - von Flüe Fiona</b>                      |  |  |                   |                   |
|  | 8:49.76        | LAC TV Unterstrass   |  |  | Zürich            | 13.09.2014        |
|  |                | Rüdisüli Anja - Alemanni Lara - Troxler Fiammetta                          |  |  |                   |                   |
| Olympische Staffel /<br>relais olympique | 3:42.86        | BTV Aarau  |  |  | Hochdorf          | 12.09.2021        |
|  |                | Rosamilia Valentina - Tan Virginia - Fiore Joana - Freda Laura             |  |  |                   |                   |

### Strassenläufe / courses hors stade

|              |         |                     |      |           |            |            |
|--------------|---------|---------------------|------|-----------|------------|------------|
| 10km         | 34:34   | Büttel Deborah      | 1985 | TV Riehen | Wohlen AG  | 21.09.2003 |
| Halbmarathon | 1:16:22 | Büttel Deborah      | 1985 | TV Riehen | Lausanne   | 24.10.2004 |
| Marathon     | 2:57:19 | Staudenmann Daniela | 1964 | Turgi     | Berlin GER | 25.09.1983 |

### Bahngehen / marche sur piste

|         |         |             |      |           |                    |            |
|---------|---------|-------------|------|-----------|--------------------|------------|
| 10'000m | 51:35.3 | Polli Marie | 1980 | SA Lugano | Chailly s/Montreux | 01.06.1997 |
|---------|---------|-------------|------|-----------|--------------------|------------|

### Strassengehen / marche sur route

|      |       |             |      |           |         |            |
|------|-------|-------------|------|-----------|---------|------------|
| 10km | 48:51 | Polli Marie | 1980 | SA Lugano | Monthey | 22.05.1999 |
|------|-------|-------------|------|-----------|---------|------------|

## U20 W

### Bestleistungen / meilleures performances

|                           |  |                       |      |                    |            |            |
|---------------------------|--|-----------------------|------|--------------------|------------|------------|
| 150m                      | 17.46  | Zurlinden Nadja       | 2001 | LV Langenthal      | Langenthal | 13.06.2020 |
| 300m                      | 37.56  | Giger Yasmin          | 1999 | Amriswil-Athletics | Langenthal | 02.08.2018 |
| 600m                      | 1:26.61  | Werro Audrey          | 2004 | CA Belfaux         | Langenthal | 13.05.2021 |
| 1 Meile / mile            | 5:07.49  | Dietschi Evelyne      | 1996 | SAL Lugano         | Chiasso    | 11.05.2014 |
| 2000m                     | 6:03.13  | Sclabas Delia         | 2000 | LG Gerbersport     | Regensdorf | 18.08.2015 |
| 300mH                     | 76.2<br>40.85                                  | Giger Yasmin          | 1999 | Amriswil-Athletics | Basel      | 20.05.2017 |
| Fünfkampf /<br>pentathlon | SwA10<br>13.37 / 3:20.23 / 1.61 / 5.17 / 11.42 | Kropf Julia Francesca | 1997 | TSV Düdingen       | Düdingen   | 26.09.2015 |

### Staffeln / relais

|                                     |         |   |  |          |  |            |
|-------------------------------------|---------|---|--|----------|--|------------|
| Schwedenstaffel /<br>relais suédois | 2:10.32 | Swiss Athletics U18   |  | Baku AZE |  | 27.07.2019 |
|                                     |         | Furler Selina - Joho Seraina - Ammann Lea - Rosamilia Valentina |  |          |  |            |

### Bahnggehen / marche sur piste

|       |          |             |      |           |                |            |
|-------|----------|-------------|------|-----------|----------------|------------|
| 3000m | 14:37.64 | Polli Laura | 1983 | SA Lugano | Tenero         | 22.09.2001 |
| 5000m | 24:18.5  | Polli Marie | 1980 | SA Lugano | Mindelheim GER | 16.05.1999 |
| 1h    | 11'322m  | Polli Laura | 1983 | SA Lugano | Besançon FRA   | 29.09.2002 |

### Strassengehen / marche sur route

|     |       |             |      |           |        |            |
|-----|-------|-------------|------|-----------|--------|------------|
| 5km | 24:04 | Polli Marie | 1980 | SA Lugano | Lugano | 10.10.1999 |
|-----|-------|-------------|------|-----------|--------|------------|

## U20 MIXED

### Rekorde / records

#### Staffeln / relais

|        |         |   |  |            |  |            |
|--------|---------|---|--|------------|--|------------|
| 4x400m | 3:35.91 | LC Zürich   |  | Frauenfeld |  | 11.09.2022 |
|        |         | Dupinet Alex - Rossetti Caterina - Peter Robin - Issler Natalia |  |            |  |            |
|        | 3:43.04 | LC Zürich   |  | Zug        |  | 20.09.2020 |
|        |         | Billeter Yann - Kleinlogel Kim - Ferber Lotta - Lioni Luca      |  |            |  |            |

#### Vereinsstaffeln / relais de société

|        |         |   |  |            |  |            |
|--------|---------|---|--|------------|--|------------|
| 4x400m | 3:35.91 | LC Zürich   |  | Frauenfeld |  | 11.09.2022 |
|        |         | Dupinet Alex - Rossetti Caterina - Peter Robin - Issler Natalia |  |            |  |            |
|        | 3:43.04 | LC Zürich   |  | Zug        |  | 20.09.2020 |
|        |         | Billeter Yann - Kleinlogel Kim - Ferber Lotta - Lioni Luca      |  |            |  |            |

## U18 M

### Bestleistungen / meilleures performances

|                          |       |          |                    |      |                               |                 |  |
|--------------------------|-------|----------|--------------------|------|-------------------------------|-----------------|--|
| 100m                     |       | 10.48    | Pusterla Fabrizio  | 1953 | SFG Lugano                    | Zürich          | 03.07.1970   |
| 150m                     |       | 16.13    | Gerber Manuel      | 2005 | LAG Gossau                    | Basel           | 14.05.2022   |
| 200m                     |       | 21.28    | Sunier Benjamin    | 1987 | Stade Genève                  | Genève          | 18.09.2004   |
| 300m                     |       | 34.46    | Petrucciani Ricky  | 2000 | Virtus Locarno                | Langenthal      | 05.05.2016   |
| 400m                     |       | 47.36    | Petrucciani Ricky  | 2000 | Virtus Locarno                | Lausanne        | 07.07.2017   |
| 600m                     |       | 1:19.92  | Kilbert Gert       | 1965 | TV Unterstrass                | Zürich          | 12.08.1982   |
| 800m                     |       | 1:50.18  | Elmer Tom          | 1997 | LC Zürich                     | Rapperswil-Jona | 28.06.2014   |
| 1000m                    |       | 2:25.80  | Délèze Pierre      | 1958 | CA Sion                       | Bern            | 01.07.1975   |
| 1500m                    |       | 3:47.57  | Erni Andrea        | 1970 | BTV Chur                      | Lausanne        | 15.09.1987   |
| 2000m                    |       | 5:37.06  | Léo Lädermann      | 2002 | CHP Genève                    | Meilen          | 17.08.2019   |
| 3000m                    |       | 8:13.95  | Brosset Romuald    | 2005 | CA Fotenais                   | Aarau           | 06.08.2022   |
| 5000m                    |       | 14:44.58 | Hofer Jonathan     | 2003 | LC Zürich                     | Basel           | 11.09.2020   |
| 110mH                    | 91.4  | 13.47    | Rüegg Nick         | 2001 | LC Schaffhausen               | Thun            | 20.06.2018   |
| 300mH                    | 84.0  | 37.17    | Schelbert Marcel   | 1976 | LC Zürich                     | Cortailod       | 05.09.1993   |
| 400mH                    | 84.0  | 52.72    | Gumprecht Liam     | 2002 | Versoix Athlétisme            | Lausanne        | 22.06.2019   |
| 1500m Steeple            |       | 4:13.32  | Hacksteiner Markus | 1964 | TV Windisch                   | Zofingen        | 05.07.1981   |
| 2000m Steeple            |       | 5:40.45  | Liebl Arno         | 2005 | STB Leichtathletik            | Jerusalem ISR   | 07.07.2022   |
| Hoch / hauteur           |       | 2.11     | Steger Roger       | 1961 | TV Unterstrass ZH             | Zürich          | 23.09.1978   |
| Stab / perche            |       | 5.35     | Imsand Valentin    | 2005 | CS 13 Etoiles                 | Sion            | 26.06.2022   |
| Weit / longueur          |       | 7.77     | Biya Jarod         | 2000 | Team des Alpes Leysin         | Genève          | 10.06.2017   |
| Drei / triple saut       |       | 15.50    | Clarke Robert      | 1994 | ST Bern                       | Trabzon TUR     | 28.07.2011   |
| Kugel / poids            | 5.0   | 20.00    | Ott Gregori        | 1994 | SC Liestal                    | Zürich          | 07.09.2011   |
| Diskus / disque          | 1.5   | 55.75    | Ott Gregori        | 1994 | SC Liestal                    | Frauenfeld      | 03.09.2011   |
| Hammer / marteau         | 5.0   | 63.17    | Hostettler Raphael | 2003 | SEP Olympic La Chaux-de-Fonds | Olten           | 04.08.2020   |
| Speer / javelot          | 700   | 71.06    | Wieland Lukas      | 1994 | ST Bern                       | Trabzon TUR     | 29.07.2011   |
| Fünfkampf/<br>pentathlon | SwA10 | 4122     | Bersier Nicolas    | 2004 | AC Murten                     | Düdingen        | 18.09.2021   |
| Zehnkampf /<br>décathlon | WA    | 7269     | Huber Andrin       | 2004 | TV Teufen                     | Kreuzlingen     | 21.08.2021   |
|                          |       |          |                    |      |                               |                 | 11.21 / 7.03 / 11.40 / 1.83 / 51.62 / 14.72 / 40.57 / 4.00 / 55.98 / 4:29.20 |

### Staffeln / relais

|                                     |  |         |   |  |  |               |            |
|-------------------------------------|--|---------|---|--|--|---------------|------------|
| 4x100m                              |  | 40.98   | Swiss Athletics   |  |  | Zofingen      | 04.06.2022 |
|                                     |  |         | Meyer Sascha - Csonotos Joël - Schmidt Calvin Luis - Hofer Marc   |  |  |               |            |
| Schwedenstaffel /<br>relais suédois |  | 1:55.05 | Swiss Athletics   |  |  | Jerusalem ISR | 07.07.2022 |
|                                     |  |         | Schmidt Calvin Luis - Csonotos Joël - Gerber Manuel - Kuhn Calvin |  |  |               |            |

### Vereinsstaffeln / relais de société

|   |  |         |   |  |  |            |            |
|---|--|---------|---|--|--|------------|------------|
| 4x100m                                  |  | 42.33   | LC Zürich   |  |  | Frauenfeld | 11.09.2022 |
|   |  |         | Vogt Loïc - Schmidt Calvin Luis - Kögl Simon - Pinnock Elijah |  |  |            |            |
| 3x1000m                                 |  | 7:37.16 | Stade Lausanne Athlétisme                                     |  |  | Aarau      | 25.06.1991 |
|   |  |         | Rossier Alain - Rossier David - Follack Christian             |  |  |            |            |
| Olympischestaffel /<br>relais olympique |  | 3:17.71 | STB Leichtathletik  |  |  | Frauenfeld | 11.09.2022 |
|   |  |         | Liebl Arno - Wulf Jakob - Meyer Sascha - Keusen Jan           |  |  |            |            |

### Bahngehen / marche sur piste

|         |  |          |                  |      |            |        |            |
|---------|--|----------|------------------|------|------------|--------|------------|
| 5000m   |  | 22:58.7  | Genet Jérôme     | 1975 | CM Monthey | Lugano | 16.10.1992 |
| 10'000m |  | 46:51.51 | Apostoli Claudio | 1965 | CM Yverdon | Basel  | 21.08.1982 |

### Eingefrorene Bestleistungen / Diciplines gelées

|                 |     |       |               |      |             |         |            |
|-----------------|-----|-------|---------------|------|-------------|---------|------------|
| Speer / javelot | 600 | 74.68 | Zürcher Marco | 1977 | LGTV Flawil | Alpnach | 01.10.1994 |
|-----------------|-----|-------|---------------|------|-------------|---------|------------|

## U18 W

### Bestleistungen / meilleures performances

|  |            |  |      |                     |                    |            |
|--|------------|--|------|---------------------|--------------------|------------|
| 100m                                       | 11.66      | Kambundji Mujinga  | 1992 | ST Bern             | Zürich             | 01.08.2009 |
| 150m                                       | 18.02      | Furler Selina  | 2003 | SATUS Gränichen     | Meilen             | 21.06.2020 |
| 200m                                       | 23.76      | Arrieta Valentine  | 1990 | CEP Cortaillod      | Bern               | 26.05.2007 |
| 300m                                       | 38.63      | Muamba Grace   | 1991 | SEP Olympic         | Basel              | 12.05.2007 |
| 400m                                       | 53.74      | Werro Audrey   | 2004 | CA Belfaux          | Zofingen           | 05.06.2021 |
| 600m                                       | 1:26.61    | Werro Audrey   | 2004 | CA Belfaux          | Langenthal         | 13.05.2021 |
| 800m                                       | 2:02.32    | Werro Audrey   | 2004 | CA Belfaux          | Genève             | 12.06.2021 |
| 1000m                                      | 2:41.46    | Sclabas Delia  | 2000 | LG Gerbersport      | Affoltern am Albis | 15.07.2017 |
| 1500m                                      | 4:12.00    | Sclabas Delia  | 2000 | LG Gerbersport      | Lausanne           | 06.07.2017 |
| 2000m                                      | 6:03.13    | Sclabas Delia  | 2000 | LG Gerbersport      | Regensdorf         | 18.08.2015 |
| 3000m                                      | 9:09.33    | Sclabas Delia  | 2000 | LG Gerbersport      | Vaasa FIN          | 24.06.2017 |
| 5000m                                      | 16:51.93   | Wespe Livia  | 2002 | STV Eschenbach SG   | Basel              | 23.08.2019 |
| 100mH                                      | 76.2 13.17 | Zbären Noemi   | 1994 | SK Langnau          | Lille FRA          | 07.07.2011 |
| 300mH                                      | 76.2 41.59 | Giger Yasmin   | 1999 | Amriswil-Athletics  | Aarau              | 11.09.2016 |
| 400mH                                      | 76.2 58.39 | Giger Yasmin   | 1999 | Amriswil-Athletics  | Tiflis GEO         | 17.07.2016 |
| 1500m Steeple                              | 4:57.32    | Pfüller Antje  | 2002 | LC Fortuna Obb'biet | Pliezhausen GER    | 14.05.2017 |
| 2000m Steeple                              | 6:46.16    | Häring Sibylle   | 2000 | LC Fortuna Obb'biet | Pliezhausen GER    | 14.05.2017 |
| Hoch / hauteur                             | 1.84       | Sébastien Nelly  | 1980 | SEP Olympic         | Lyon FRA           | 14.07.1996 |
| Stab / perche                              | 4.36       | Moser Angelica   | 1997 | LV Winterthur       | Nanjing CHN        | 23.08.2014 |
| Weit / longueur                            | 6.40       | Piffaretti Emma  | 2002 | US Ascona atletica  | Zofingen           | 08.06.2019 |
| Drei / triple saut                         | 12.83      | Affessi Fatim  | 1993 | CA Genève           | Genève             | 29.05.2010 |
| Kugel / poids                              | 3.0 15.61  | Fust Vanessa   | 2000 | LV Langenthal       | Winterthur         | 09.09.2017 |
| Diskus / disque                            | 1.0 45.12  | Studer Klara   | 1985 | LA TV Wolfwil       | Olten              | 01.09.2002 |
| Hammer / marteau                           | 3.0 61.01  | Nowack Iris  | 2005 | TV Thalwil          | Luzern             | 20.08.2022 |
| Speer / javelot                            | 500 57.35  | Ruckstuhl Géraldine  | 1998 | STV Altbüron        | Landquart          | 24.05.2014 |
| Fünfkampf / pentathlon                     | SWA10 4105 | Werro Audrey   | 2004 | CA Belfaux          | Düdingen           | 18.09.2021 |
|  |            | 12.32 / 1.68 / 9.07 / 5.46 / 2:48.02                               |      |                     |                    |            |
| Siebenkampf / heptathlon                   | WA 6037    | Ruckstuhl Géraldine  | 1996 | STV Altbüron        | Cali COL           | 18.07.2015 |
|  |            | 13.93 / 1.73 / 14.25 / 25.83 / 5.71 / 52.87 / 2:17.58              |      |                     |                    |            |
| <b>Staffeln/ relais</b>                    |            |  |      |                     |                    |            |
| 4x100m                                     | 45.99      | Swiss Athletics  |      |                     | Genève             | 28.05.2011 |
|  |            | Weiss Lena - Dagry Samantha - Atcho Sarah - Keller Charlene        |      |                     |                    |            |
| Schwedenstaffel / relais suédois           | 2:10.32    | Swiss Athletics  |      |                     | Baku AZE           | 27.07.2019 |
|  |            | Furler Selina - Joho Seraina - Ammann Lea - Rosamilia Valentina    |      |                     |                    |            |
| <b>Vereinsstaffeln / relais de société</b> |            |  |      |                     |                    |            |
| 4x100m                                     | 47.28      | LG Graubünden  |      |                     | Hochdorf           | 12.09.2021 |
|  |            | Derungs Stella - Blumenthal Jana - Luzio Lia - Frei Nanda          |      |                     |                    |            |
| 3x1000m                                    | 08:53.24   | COA Petit-Léman  |      |                     | Hochdorf           | 12.09.2021 |
|  |            | Slits Danika - Pittet Constance - Tesfaye Sabella                  |      |                     |                    |            |
| Olympische Staffel / relais olympique      | 3.45.73    | LG Unterwalden   |      |                     | Frauenfeld         | 11.09.2022 |
|  |            | Kerber Shirin - Liem Michelle - Odermatt Selina - Niederberger Lya |      |                     |                    |            |
| <b>Bahngehen / marche sur piste</b>        |            |  |      |                     |                    |            |
| 3000m                                      | 15:12.67   | Polli Laura  | 1983 | SA Lugano           | Lugano             | 09.10.1998 |
| 5000m                                      | 24:49.50   | Polli Marie  | 1980 | SA Lugano           | Lugano             | 10.10.1997 |

## U16 M

### Bestleistungen / meilleures performances

|                        |                |   |             |                               |               |                   |
|------------------------|----------------|---|-------------|-------------------------------|---------------|-------------------|
| 80m                    | 8.92           | <b>Eghagha Akira</b>                          | 2007        | <b>FSG Bernex-Confignon</b>   | <b>Genève</b> | <b>04.06.2022</b> |
|                        | 8.92           | Bello-Diaz Yanier                             | 1995        | Stade Genève                  | Lausanne      | 19.06.2010        |
| 600m                   | 1:20.86        | Wyss Ryan                                     | 1999        | LC Fortuna Oberbaselbiet      | Muttenz       | 07.09.2014        |
| 1000m                  | 2:29.54        | Münger Roland                                 | 1970        | TV Wohlen                     | Bern          | 04.09.1985        |
| 1500m                  | <b>4:02.38</b> | <b>Oster Petter</b>                           | <b>2007</b> | <b>LC Regensdorf</b>          | <b>Meilen</b> | <b>03.07.2022</b> |
| 2000m                  | 5:44.94        | Rususuruka Moise                              | 1999        | CA Sion                       | Thun          | 06.09.2014        |
| 3000m                  | 8:52.79        | Erni Andrea                                   | 1970        | BTV Chur                      | Lachen        | 20.08.1985        |
| 100mH                  | 84.0 12.94     | Inglin Sales                                  | 1999        | LC Zürich                     | Thun          | 07.09.2014        |
| Hoch / hauteur         | 2.03           | Mathys Daniel                                 | 1969        | TV Birsfelden                 | Liestal       | 07.10.1984        |
| Stab / perche          | 4.60           | Imsand Valentin                               | 2005        | CS 13 Etoiles                 | Lausanne      | 06.09.2020        |
| Weit / longueur        | 7.32           | Biya Jarod                                    | 2000        | Team des Alpes Leysin         | Bulle         | 31.05.2015        |
| Drei / triple saut     | 14.00          | Pampuri Pierino                               | 1956        | Virtus Locarno                | Milano ITA    | 26.09.1971        |
| Kugel / poids          | 4.0 17.01      | Dujmovic Ivan                                 | 1985        | TV Länggasse Bern             | Sion          | 02.09.2000        |
| Diskus / disque        | 1.0 61.54      | Hostettler Raphaël                            | 2003        | SEP Olympic La Chaux de Fonds | Frauenfeld    | 08.09.2018        |
| Hammer / marteau       | 4.0 64.21      | Hostettler Raphaël                            | 2003        | SEP Olympic La Chaux de Fonds | Oyonnax FRA   | 20.10.2018        |
| Speer / javelot        | 600 67.41      | Wieland Lukas                                 | 1994        | ST Bern                       | Thun          | 15.08.2009        |
| Fünfkampf / pentathlon | SLV10 3966     | Vollenwyder Ralph                             | 1978        | TV Länggasse Bern             | Bern          | 05.06.1993        |
|                        |                | 9.60 / 6.26 / 12.33 / 1.87 / 2:47.58          |             |                               |               |                   |
| Sechskampf / hexathlon | SLV10 5070     | Vetterli Gian                                 | 2000        | US Ascona                     | Lausanne      | 16.08.2015        |
|                        |                | 13.62 / 6.84 / 15.12 / 1.86 / 47.91 / 2:54.13 |             |                               |               |                   |

### Staffeln / relais

|         |         |  |  |  |      |            |
|---------|---------|--|--|--|------|------------|
| 5x80m   | 44.61   | TV Länggasse Bern  |  |  | Zug  | 20.09.2020 |
|         |         | Bühlmann Noé - Hofer Marc - Marti Til - Lichtle Jan - Meyer Sascha |  |  |      |            |
| 3x1000m | 7:57.54 | Stade Lausanne   |  |  | Sion | 28.05.1989 |
|         |         | Rossier Alain -Rossier Daniel -Follack Christian                   |  |  |      |            |

### Bahngehen / marche sur piste

|       |          |               |      |            |          |            |
|-------|----------|---------------|------|------------|----------|------------|
| 5000m | 23:50.10 | Bonzon Nathan | 2000 | CM Monthey | Lausanne | 10.05.2015 |
|-------|----------|---------------|------|------------|----------|------------|

## U16 W

### Bestleistungen / meilleures performances

|                        |                  |   |             |                               |                   |                   |
|------------------------|------------------|---|-------------|-------------------------------|-------------------|-------------------|
| 80m                    | 9.69             | Blumenthal Jana                           | 2006        | BTV Chur Leichtathletik       | Winterthur        | 04.09.2021        |
| 600m                   | 1:30.21          | Rosamilia Valentina                       | 2003        | BTV Aarau Athletics           | Le Mouret         | 14.09.2018        |
| 1000m                  | <b>2:46.33</b>   | <b>von Flüe Fiona</b>                     | <b>2008</b> | <b>TV Cham</b>                | <b>Genève</b>     | <b>24.09.2022</b> |
| 1500m                  | <b>4:22.79</b>   | <b>von Flüe Fiona</b>                     | <b>2008</b> | <b>TV Cham</b>                | <b>Regensdorf</b> | <b>13.08.2022</b> |
| 2000m                  | 6:03.13          | Sclabas Delia                             | 2000        | LG Gerbersport                | Regensdorf        | 18.08.2015        |
| 3000m                  | <b>9:26.46</b>   | <b>von Flüe Fiona</b>                     | <b>2008</b> | <b>TV Cham</b>                | <b>Meilen</b>     | <b>03.07.2022</b> |
| 80mH                   | 76.2 11.27       | Altermatt Sabrina                         | 1985        | LV Langenthal                 | Lausanne          | 02.07.2000        |
| Hoch / hauteur         | 1.83             | Marti Deborah                             | 1968        | TV Zofingen                   | Zug               | 25.06.1983        |
| Stab / perche          | 3.90             | Moser Angelica                            | 1997        | LV Winterthur                 | Bern              | 07.07.2012        |
| Weit / longueur        | 6.06             | Acklin Lucia                              | 2006        | LV Fricktal                   | Winterthur        | 04.09.2021        |
| Drei / triple saut     | 12.67            | Maonzambi Gaele                           | 2001        | GG Bern                       | Genève            | 17.07.2016        |
| Kugel / poids          | 3.0 <b>14.06</b> | <b>Temeng Christa</b>                     | <b>2007</b> | <b>LC Zürich</b>              | <b>Frauenfeld</b> | <b>14.05.2022</b> |
| Diskus / disque        | 750 44.82        | Locatelli Laurence                        | 1980        | SEP Olympic La Chaux de Fonds | La Chaux de Fonds | 05.08.1995        |
| Hammer / marteau       | 3.0 51.07        | Nowack Iris                               | 2005        | TV Thalwil                    | Lausanne          | 05.09.2020        |
| Speer / javelot        | 400 52.73        | Meier Nathalie                            | 1993        | TV Fraubrunnen                | Düdingen          | 07.09.2008        |
| Fünfkampf / pentathlon | SLV10 3826       | Albisser Celine                           | 1996        | LV Frenke                     | Payerne           | 28.08.2011        |
|                        |                  | 10.39 / 5.46-0.5 / 12.00 / 1.60 / 3:11.92 |             |                               |                   |                   |

### Staffeln / relais

|         |         |  |  |  |                 |            |
|---------|---------|--|--|--|-----------------|------------|
| 5x80m   | 47.97   | COA Lausanne-Riviera U16   |  |  | Rapperswil-Jona | 16.09.2017 |
|         |         | Tsogo Anastasie Milieina - Burnier Mallauray - Engondo Marithé - Wassenberg Manon - Gutschmidt Melissa |  |  |                 |            |
| 3x1000m | 9:02.84 | COA Petit-Léman  |  |  | Zug             | 20.09.2020 |
|         |         | Pittet Constance - Slits Danika - Tesfaye Sabella  |  |  |                 |            |

### Bahngehen / marche sur piste

|       |          |             |      |           |        |            |
|-------|----------|-------------|------|-----------|--------|------------|
| 3000m | 15:12.67 | Polli Laura | 1983 | SA Lugano | Lugano | 09.10.1998 |
|-------|----------|-------------|------|-----------|--------|------------|

## U14 M

### Bestleistungen / meilleures performances

|                  |        |         |                  |      |                            |             |            |
|------------------|--------|---------|------------------|------|----------------------------|-------------|------------|
| 60m              |        | 7.38    | Inglin Sales     | 1999 | LC Zürich                  | Filzbach    | 26.04.2012 |
| 600m             |        | 1:30.60 | Leu Jonas        | 1998 | LV Langenthal              | Hochdorf    | 09.07.2011 |
| 1000m            |        | 2:43.19 | Kuhn Calvin      | 2005 | TV Wohlen                  | Langenthal  | 22.09.2018 |
| 2000m            |        | 5:58.59 | Medero Mael      | 2007 | TV Riehen                  | Lausanne    | 05.09.2020 |
| 3000m            |        | 9:37.21 | Baumann Adrian   | 1974 | BTV Aarau                  | Zofingen    | 21.05.1987 |
| 80mH             | 76.2   | 11.58   | Pöltinger Dino   | 1988 | STV Balgach                | Zofingen    | 04.08.2001 |
| Hoch / hauteur   |        | 1.85    | Mobwete Franklin | 1984 | Lausanne-Sports            | Zug         | 23.08.1997 |
| Stab / perche    |        | 3.35    | Alex Zingg       | 2009 | BTV Aarau                  | Erlinsbach  | 13.08.2022 |
| Weit / longueur  |        | 6.75    | Mobwete Franklin | 1984 | Lausanne-Sports            | Zofingen    | 09.08.1997 |
| Drei / triple    |        | 11.87   | Dautaj Riccardo  | 1993 | ASSPO Riva San Vitale      | Zofingen    | 03.09.2006 |
| Kugel / poids    | 3.0    | 15.80   | Wyss Daniel      | 1987 | TV Attiswil                | Lausanne    | 02.07.2000 |
| Diskus / disque  | 750    | 46.62   | Altorfer Daniel  | 1981 | LC Frauenfeld              | St. Gallen  | 03.07.1994 |
| Hammer / marteau | 3.0    | 51.20   | Lisinac Petar    | 2007 | Leichtathletik Club Zürich | Olten       | 26.09.2020 |
| Speer / javelot  | 400    | 51.85   | Wasser Manuel    | 1990 | TV Stein                   | Aarau       | 28.08.2022 |
| Ball / balle     | 200    | 80.60   | Schneider Basile | 1997 | LV Wettingen-Baden         | Kreuzlingen | 25.09.2010 |
| UBS Kids Cup     | SwA 10 | 2257    | Hank Cédric      | 1999 | Biel / Bienne Athletics    | Langenthal  | 26.08.2012 |

### Staffeln / relais

|         |  |         |  |  |  |          |            |
|---------|--|---------|--|--|--|----------|------------|
| 5xfrei  |  | 48.50   | Zürich Athletics   |  |  | Zofingen | 19.08.2012 |
|         |  |         | Ondongo Emmanuel - Müller Björn - Gayle Salomon - Erambamoorthy Mowthran - Inglin Sales Junior |  |  |          |            |
| 3x1000m |  | 9:05.04 | Lausanne-Sports  |  |  | Lausanne | 31.05.1997 |
|         |  |         | Guex Kenny - Strahm Nicolas - Mobwete Franklin   |  |  |          |            |

## U14 W

### Bestleistungen / meilleures performances

|                  |        |         |                    |      |                               |            |            |
|------------------|--------|---------|--------------------|------|-------------------------------|------------|------------|
| 60m              |        | 7.73    | Buri Xenia         | 2008 | LC Kirchberg                  | Bern       | 04.07.2021 |
| 600m             |        | 1:33.34 | Vancardo Veronica  | 2000 | CA Fribourg                   | Zug        | 08.09.2013 |
| 1000m            |        | 2:50.38 | von Flüe Fiona     | 2008 | TV Cham 1884                  | Appenzell  | 25.09.2021 |
| 2000m            |        | 6:16.42 | Sclabas Delia      | 2000 | LG Gerbersport                | Zug        | 07.09.2013 |
| 3000m            |        | 9:53.52 | von Flüe Fiona     | 2008 | TV Cham 1884                  | Langenthal | 13.05.2021 |
| 60mH             | 76.2   | 9.27    | Lutz Patrizia      | 1991 | LAR Tägerwilen                | Frauenfeld | 27.06.2004 |
| Hoch / hauteur   |        | 1.66    | Pfister Leena      | 2005 | LAR Tägerwilen                | Frauenfeld | 09.06.2018 |
| Stab / perche    |        | 3.10    | Moser Angelica     | 1997 | LA Wyland                     | Frauenfeld | 13.06.2010 |
| Weit / longueur  |        | 5.65    | Tobler Alina       | 1999 | LC Brühl                      | Olten      | 15.09.2012 |
| Drei / triple    |        | 11.30   | Muamba Grace       | 1991 | SEP Olympic La Chaux de Fonds | Zürich     | 18.09.2004 |
| Kugel / poids    | 3.0    | 12.02   | Mächler Claudia    | 1988 | TV Horgen                     | Luzern     | 29.09.2001 |
| Diskus / disque  | 750    | 37.10   | Walther Tina       | 2007 | ST Bern                       | Bern       | 29.07.2020 |
| Hammer / marteau | 3.0    | 39.69   | Simón Carreño Mar  | 2008 | ST Bern                       | Winterthur | 04.09.2021 |
| Speer / javelot  | 400    | 42.14   | Manigley Catherine | 1982 | TV Däniken                    | Aarau      | 21.06.1995 |
| Ball / balle     | 200    | 68.23   | Kälin Annik        | 2000 | AJ TV Landquart               | Chur       | 25.08.2013 |
| UBS Kids Cup     | SwA 10 | 2674    | Burri Xenia        | 2008 | LC Kirchberg                  | Zürich     | 11.09.2021 |

### Staffeln / relais

|         |  |         |   |  |  |      |            |
|---------|--|---------|---|--|--|------|------------|
| 5xfrei  |  | 50.98   | TV Länggasse  |  |  | Thun | 16.06.2019 |
|         |  |         | Ott Alina - Schmid Valentina - Utiger Angelina - Aerni Jill - Binggeli Shania |  |  |      |            |
| 3x1000m |  | 9:26.43 | LG Unterwalden  |  |  | Thun | 02.09.2018 |
|         |  |         | Kerber Shirin - Jurt Katharina - Jurt Florina                                 |  |  |      |            |

### Bahngehen / marche sur piste

|       |  |          |             |      |            |          |            |
|-------|--|----------|-------------|------|------------|----------|------------|
| 3000m |  | 16:51.30 | Brot Sylvia | 1980 | CM Yverdon | Lausanne | 02.10.1993 |
|-------|--|----------|-------------|------|------------|----------|------------|